

# February 2021 - Kindness Challenge



♥ ***“When words are both true and kind, they can change the world.”*** ♥

Join us in taking the **Kindness Challenge**. This month, give a compliment and/or say something kind to a friend or family member as many times as you can. Color in a happy face each time you do this. Kindness is contagious!

Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 
Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 
Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 
Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 
Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 	Today I gave a compliment and/or said something kind to: _____ 



Name \_\_\_\_\_ Grade \_\_\_\_\_ Teacher \_\_\_\_\_